

BREAKFAST

LUNCH

SUPPER

SUNDAY March 29, 2009

Orange Juice	Roast Beef	Baked Ziti
Scrambled Egg w/Bacon	Alt: Seasoned Chicken Wings	Alt: Salisbury Steak
Dry Cereal	Mashed Pot/Gravy	Cauliflower
Whole Wheat Toast	Wax Beans	Lettuce Salad/Dressing
	Applesauce	Peaches
	Ice Cream	Garlic Bread

MONDAY March 30, 2009

Grape Juice	Chicken Pot Pie	Ham Slice
Fried Egg	Alt: Roast Pork	Alt: Italian Meatballs
Cream of Wheat	Biscuit	Pancake/Syrup
Whole Wheat Toast	Carrot Sticks	Tomato Juice
	Tropical Fruit	Strawberries
	Cookie	

TUESDAY March 31, 2009

Orange Juice	Chicken Fried Steak	Beef Stroganoff
Sausage Links	Alt: Peppered Turkey	Alt: Chicken Livers
Dry Cereal	Mashed Pot/Gravy	Noodles
French Toast	Beets	Brussels Sprouts
	Pineapple	Plums
	Garwin Brownie	Vanilla Pudding

WEDNESDAY April 1, 2009

Orange Juice	Pork Cutlet / Bun	Baked Fish
Scrambled Eggs	Alt: Beef Patty	Alt: Ham Salad
Oatmeal w/Raisins	Pea Salad	Italian Blend
Cinnamon Roll	Spinach	Parsley Potatoes
	Apricots	Pears
		Gingerbread Cake

THURSDAY April 2, 2009

Tomato Juice	Sweet & Sour Meatballs	Hamburger on Bun
Scrambled Eggs	Alt: Ham Slice	Alt: Pork Patty
Bacon	Rice	French Fries
Pancake	Green Beans	Cabbage
Dry Cereal	Peaches	Mandarin Oranges

TACO SALAD IN CAFÉ

FRIDAY April 3, 2009

Orange Juice	Swiss Steak	BBQ Chicken
Fried Egg	Alt: Tavern Cod	Alt: Omelet
O'Brien Potatoes	Mashed Potatoes/Gravy	7 Layer Salad
Cornmeal	Baby Carrots	Tropical Fruit
Whole Wheat Toast	Fruit Cocktail	Fruit Bread
	Lemon Meringue Pie	

SATURDAY April 4, 2009

Orange Juice	Turkey Tetrizzini	Sloppy Joe on Bun
Sausage Gravy	Alt: Stuffed Cabbage	Alt: Chef's Choice
Cream of Wheat	Spinach	Cauliflower
Buttermilk Biscuit	Citrus Sections	Cherries
	Applesauce Muffin	Chocolate Pudding

BREAKFAST	LUNCH	SUPPER
<u>SUNDAY, April 5, 2009</u>		
Orange Juice	Chicken Kiev	Hotdog/ Bun
Scrambled Eggs w/Ham	Alt: Roast Beef	Alt.: Pork Patty
Dry Cereal	Stir Fry	Baked Beans
Whole Wheat Toast	Pineapple	Spinach
	Ice Cream/Choc sauce	Cottage Cheese
	Dinner Roll	Pears
<u>MONDAY, April 6, 2009</u>		
Cranberry Juice	Roast Pork	French Dip Sandwich
Fried Egg	Alt: Taco Meat	Alt: Turkey Slices
Cream of Wheat	Baked Potato	Tator Tots
Whole Wheat Toast	Carrots	Broc/Caulw/dressing
	Apple Crisp Bar	Mandarin Oranges
<u>TUESDAY, April 7, 2009</u>		
Orange Juice	Baked Chicken	Lasagna
Sausage Patties	Alt: Corned Beef Hash	Alt.: BBQ Beef
Dry Cereal	Creamed Peas	Garlic Bread
French Toast	California Medley	Green Beans
	Tropical Fruit	Gelatin
		Peaches
<u>WEDNESDAY, April 8, 2009</u>		
Orange Juice	Spare Ribs	Meatballs/Gravy
Scrambled Eggs	Alt: Ravioli	Alt: Chicken Wings
Oatmeal w/Raisins	Sweet Potato	Noodles
Coffee Cake	Broccoli	Cauliflower
	Apricots	Blueberries
	Gingerbread Muffin	Whole Wheat Bread
<u>THURSDAY, April 9, 2009</u>		
Tomato Juice	Spaghetti/Meatsauce	Chicken Fajita
Scrambled Eggs	Alt: Pork Fritter	Alt.: Omelet
Bacon	Brussels Sprouts	Lettuce / Tomatoes
Pancake/Syrup	Applesauce	Pineapple
Dry Cereal	French Bread	Lemon Muffin
<u>FRIDAY, April 10, 2009</u>		
Orange Juice	Pot Roast	Goulash
Fried Egg	Alt: Tuna Salad	Alt: Fish Nuggets
Cornmeal	Boiled Potatoes/Gravy	Asparagus
Hash Browns	Baby Carrots	Citrus Sections
	Peach Pie	Cookie
<u>SATURDAY, April 11, 2009</u>		
Orange Juice	Scalloped Potatoes & Ham	Shrimp
Hamburger Gravy	Alt: Braunschweiger	Alt.: Chef's Choice
Cream of Wheat	Green Beans	Potato Wedges
Biscuit	Tapioca Pudding	Tomatoes
		Plums

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SUNDAY April 12, 2009

Orange Juice
Scrambled Eggs w/Bacon
Dry Cereal
Whole Wheat Toast

Ham Slice
 Alt: Chicken Cordon Bleu
Mashed Potatoes/Gravy
Spinach
Pineapple
Ice Cream / Choc. Sauce

Cod Rectangle/Bun
 Alt: Pork Riblet
French Fries
Oriental Vegetables
Tropical Fruit

MONDAY April 13, 2009

Cranberry Juice
Fried Egg
Cream of Wheat
Whole Wheat Toast

Meatloaf
 Alt: Peppered Turkey
Baked Potato
Marinated Cukes & Onions
Apple Crisp

Chicken & Noodles
 Alt: Beef Patty
Broccoli
Peaches
Red Gelatin
Cookie

TUESDAY April 14, 2009

Orange Juice
French Toast/Syrup
Sausage
Dry Cereal

Corned Beef
 Alt: Pork Patty
Squash
Cabbage
Pears
Marble Cake

Beef Frank on bun
Macaroni & Cheese
 Alt: Brd. Ital. Chic. Patty
Carrots
Apricots

WEDNESDAY April 15, 2009

Orange Juice
Cheese Omelet
Oatmeal w/Raisins
Cinnamon Oatmeal Muffin

Pork Chop
 Alt: Meatloaf
Fried Rice/Gravy
Brussels Sprouts
Applesauce
Fruit Stick

Soft-Shell Taco
 Alt: Pork Fritter
Refried Beans
Lettuce/Tomato
Mandarin Oranges
Fluff

THURSDAY April 16, 2009

Tomato Juice
Scrambled Eggs
Pancake/Syrup
Bacon
Dry Cereal

Creamed Chicken/Dumpling
 Alt: Italian Hot Pocket
Pickled Beets
Cheesecake
Strawberries

Salmon Patty
 Alt: Chef's Choice
Au Gratin Potatoes
Carrot Sticks
Cherry Crisp Bar

FRIDAY April 17, 2009

Orange Juice
Fried Egg
Cornmeal
Hash Browns
Whole Wheat Toast

Pork Steak/Gravy
 Alt: Egg Salad
Sweet Potato
Green Bean Casserole
Plums
Pumpkin Pie

Hamburger on Bun
 Alt: Chicken Patty
Baked Beans
Tomatoes
Red Gelatin
 w/Applesauce

SATURDAY April 18, 2009

Orange Juice
Sausage Gravy
Cream of Wheat
Biscuit

Bratwurst on Bun
 Alt: Turkey Slices
Corn
Sauerkraut
Pineapple
Gelatin

Tator Tot Casserole
 Alt: Pizza Burger
Asparagus
Fruit Cocktail
Chocolate Pudding